

## Successful Living Center COVID-19 Guidelines

Successful Living Center is concerned about the health and safety of its participants and staff. In preparation for the re-opening of our Alzheimer's Adult Day Care program, the facility will be professionally sanitized by a reputable company. We will follow CDC recommendations regarding sanitization procedures, social distancing and wearing of face masks. We understand due to the nature of our participants' condition, that they may or may not have the capacity to wear a face mask during the hours they are with us. Successful Living Center will recommend that participants at least wear a full face shield. Please take a virtual tour of our facility on our Instagram site.

Our operational guidelines during the COVID-19 pandemic are as follows:

1. To minimize the amount of traffic in the Center, families interested in enrolling may make an appointment to tour when participants are not in the building. You may also view a virtual tour on our Instagram.
2. Caregivers will be asked to remain at the door during drop-off and pick up. A staff member will bring the sign in sheet to the door. A staff member will check the participant's temperature before they enter the facility. If the temperature is 99° or above they will not be allowed to enter the facility. The participant must be free of fever for at least 24 hours without the use of fever-reducing medications prior to returning to facility. This guideline is based on the following CDC statement: *If you are caring for a patient aged 65 or older, be aware that a single reading higher than 100°F (37.8°C), multiple readings above 99°F (37.2°C), or a rise in temperature greater than 2°F (1.1°C) above the patient's normal (baseline) temperature may be a sign of infection.*
3. Caregivers will also be asked to answer a list of CDC recommended questions prior to the participant entering the facility.
4. We will be open Monday-Friday from 7:45 a.m. to 5:30 p.m.
5. Successful Living Center will provide prepackaged snacks and drinks.
6. The enrollment will be limited to six participants per day to help facilitate social distancing.
7. In order to maintain the health and safety of all participants and staff, we will ask every family to watch for and monitor the following list of symptoms and report them to the Program Coordinator immediately.
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

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CDC Statement regarding additional symptoms when caring for someone with Dementia:

*The first step in caring for people living with dementia in any setting is to understand that changes in behavior or worsening symptoms of dementia should be evaluated because they can be an indication of COVID-19 infection or worsening stress and anxiety. Not everyone with COVID-19 has symptoms, but when people with dementia do have COVID-19 symptoms they can include the following:*

- *Increased agitation*
- *Increased confusion*
- *Sudden sadness*
- *Coughing*
- *Difficulty breathing*
- *Fever*
- *Chills*
- *Repeated shaking with chills*
- *Muscle pain*
- *Headache*
- *Sore throat*
- *New loss of taste or smell*

We will continue to update and make changes to our protocols in accordance with the most current scientific data and CDC guidelines.

Thank you for your cooperation and consideration during these challenging times. If you should have any questions or concerns, please call Veronica at 334-264-1790.